You may have noticed warnings on some of our products regarding California legislation about certain chemicals or substances.

**CAL PROP 65 WARNING:** This product contains a chemical known to the State of California to cause birth defects or other reproductive harm.

At first glance, these labels can seem downright alarming and may have you wondering...

**What is California Proposition 65 (Prop 65)?**

California Proposition 65 is also known as the Safe Drinking Water and Toxic Enforcement Act of 1986 and was enacted as a ballot initiative in November of 1986. This proposition requires the Governor of California to publish a list of chemicals known to the state to cause cancer or reproductive toxicity annually (or as needed). Products containing levels of these chemicals or substances higher than the amounts set forth in this list must include a warning to consumers.

This is the quintessential law when it comes to potential risk for cancer, birth defects and reproductive harm.

**However, a CAL PROP warning label is not equivalent to cancer or reproductive harm.**

For example, a product can only meet the ‘no significant risk’ requirement, if the compounds would cause no more than 1 extra case of cancer in 100,000 people over a 70 year period.

As stated by The American Cancer Society, “Not every compound labeled as a possible cancer-causing substance has been proven to the worldwide scientific community to actually cause cancer.”

This is a case of probable carcinogens, possibly posing a risk in some people.

**What safety standards are in place outside of CAL PROP 65?**

On a national level, there are standards set forth for safe limits by the Centers for Disease Control and also the Agency for Toxic Substances and Disease Registry.

All Seeking Health® products meet or exceed these requirements.

**Why is this warning on my supplements?**

Although Prop 65 is a law pertaining to products sold in California, many manufacturers add the warning label to any product matching the criteria despite where it’s sold.

**Is my product safe to take?**

Prop 65 is intended to provide consumers with the information they need to make an informed decision. A Prop 65 warning does not necessarily mean that a product is in violation of safety standards or requirements. See here for more information.

Many factors determine level of safety and risk such as:

- **Dose**
- **Duration/Type of contact**
- **Other chemical exposures**
- **Age**
- **Sex**
- **Diet**
- **Family traits**
- **Lifestyle**
- **State of health**

What can be misleading about the CAL PROP 65 warning label is that people assume that harmful compounds are added to a product which is not the case, at least not with Seeking Health®.

A warning label is usually needed as a result of compounds that have come in contact with the product ingredients during the manufacturing process. For minerals, this can include compounds present at the mining source. For plants or herbal ingredients, this can include compounds that are taken up from the soil prior to harvest.

**What chemicals are present in my product?**

The reason for including the CAL PROP 65 Warning on our labels varies by product.

For specific information on your Seeking Health® product, feel free to contact Customer Service:

Phone: 800-547-9812 (M – F, 7am – 5:30pm PST)

E-mail: customer@seekinghealth.com

Certificates of Analysis are available upon request for any Seeking Health® product.

**How can I find out more about Prop 65?**

For more information, visit the California Government’s FAQ Page.