

**SUGGESTED USE:** Take 1 lozenge daily or as directed by your healthcare professional. Lozenge may be broken into smaller pieces if lower dosage is desired.

Children and pregnant or lactating women should consult their healthcare professional prior to use. Do not use if tamper seal is damaged.

**STORAGE:** Keep closed in a cool, dry place out of reach by children.

**L-5-MTHF Lozenge** delivers 1,000 mcg of pure non-racemic L-5-methyltetrahydrofolate in an easy-to-deliver lozenge.

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PHYSICIAN FORMULATED



Seeking Health®

## L-5-MTHF Lozenge

1,000 mcg

Dietary Supplement

60 LOZENGES

### Supplement Facts

Serving Size: 1 Lozenge  
Servings Per Container: 60

	Amount Per Serving	%Daily Value
Folate (as Quatrefolic® (6S)-5-methyltetrahydrofolate, glucosamine salt)	1000 mcg DFE	250%

**Other Ingredients:** Xylitol, ascorbyl palmitate, silica, and natural orange flavor.

**DOES NOT CONTAIN:** Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soy, GMO, gluten, artificial colors, or artificial flavors.

**L-5-MTHF Lozenge Meets or Exceeds cGMP Quality Standards.**

Quatrefolic® is a registered trademark of Gnosis S.p.A. Produced under US Patent 7,947,662.

REV. 011817  
ZCL-SKGHEALTH-5MTHF-02

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